



# St Francis Xavier Catholic School

*To Love, To Learn and To Serve*  
*Kia Aroha, Kia Akona, Kia Aro Atu*

Term 3 No:1 Wednesday 26th July 2023



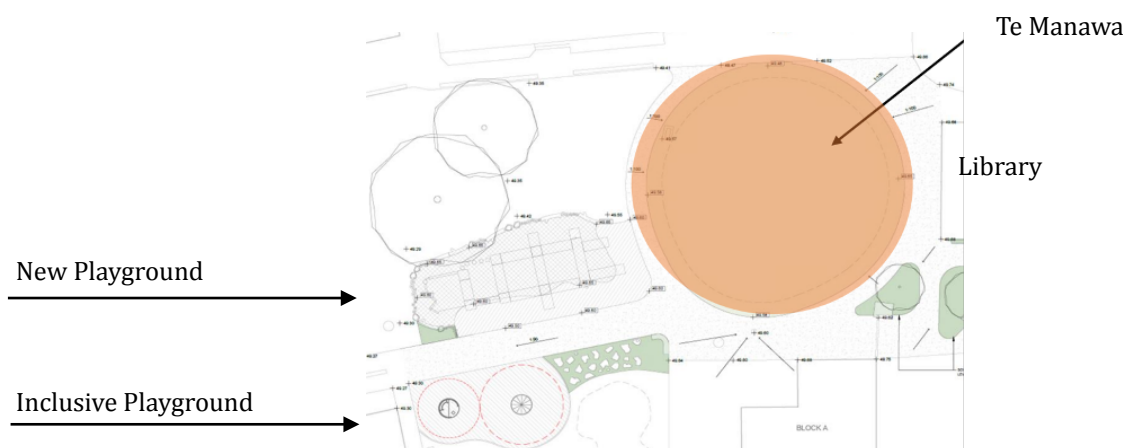
Dear Parents, Caregivers and Friends of our school,


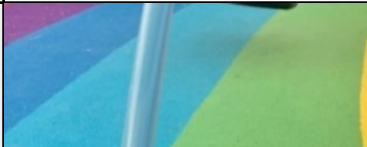
Over the past year we have talked a great deal about the development of the school landscape and playground plan. We have also been fundraising hard and we sincerely thank you for your efforts to support this.

Today, we would like to share with you some photographs, plans and ideas that we have for the new space. It has been over twenty five years since our existing playground area was built so we are well due for a refurbishment.

The new development will include an inclusive play area for pupils with physical disabilities, a new junior playground, a large meeting space named Te Manawa, inclusive of a new shade structure and artificial turf. We would really like to include some seating and a stage area if we have enough funds to do so.


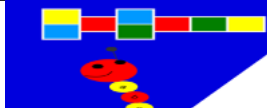

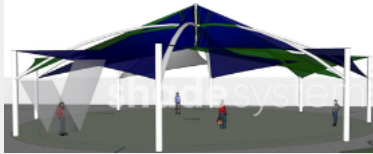
The space will occupy the area where the current junior playground is plus the area where the Phys Ed shed is and the area behind the library. New paths, drainage and gardens will be included.



The equipment	The location	The picture
A spinner	Inclusive play area	
4 metre high climbing tower	Inclusive play area	
Playtop soft matting	Inclusive play area	

## Vision Statement

*“Uniting through Christ, Embracing Mana, Enhancing Futures.”*

Artificial grass	Junior playground and Te Manawa meeting/playground space	
Games	Te Manawa space	
Junior Playground	Junior Playground space	
Shade structure	Te Manawa space	
Seating and decking	Te Manawa space	

As this is a significant project we will need to continue to fundraise. If you are able to help us raise some funds or have any ideas that may assist the Board of Trustees we would welcome your input.

### **Matariki day:**

What a fantastic day we had yesterday!

It was so wonderful to see so many parents and other family members come along to support their children and see the work that was being done in the classrooms.

### **Shade sails:**

During the holidays, contractors removed the shade sails over the junior playground for us. If you are interested in having one of the 10m x 5m sails then please contact the school office. A koha would be appreciated.

### **PTFA Meeting:**

Please note that the PTFA meeting which was to be held tonight (Wednesday) has been postponed until the 16th of August.

### **Staff-only Day:**

Please note that the school will be closed on Friday August 25th so that teachers can attend a curriculum development day.

***Special blessings to all our wonderful grand-parents. I urge you to read what Mrs. Wilson has written in the newsletter about St. Anne and St. Joachim. If you are luckier enough to have grand-parents in your life, treasure their wisdom and their aroha. Grand-parents are a taongā.***

Ngā mihi nui

*Craig McKernan*

Principal

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# Religious Education

### This Sunday's Readings: (Eleventh Sunday of Ordinary Time)

Exodus 19: 2-6; Romans 5: 6-11; Matthew 9: 36-10:8

#### Thought For The Week:

"When you have received Him, stir up your heart to do Him homage, speak to Him about your spiritual life, gazing upon Him in your soul where He is present for your happiness; welcome Him as warmly as possible, and behave outwardly in such a way, that your actions may give proof to all of His Presence." – St. Francis de Sales.

Welcome back, it is great to see the children and hear all about their activities in the holidays.

This Sunday's Readings: (Seventeenth Sunday in Ordinary Time) 1 Kings 3:5,7-12; Romans 8:28-30; Matthew 13:44-52

Thought For The Week: "And I will still be carrying you when you are old. Your hair will turn grey, and I will still carry you. I made you, and I will carry you to safety."

#### Non-Uniform Days in Term 3

Our next Non-Uniform Day is **Thursday 24<sup>th</sup> August** with your gold coin donation going to the Cancer Foundation. **Please wear something yellow!!**

Our Bring a Can, Non-Uniform Day is on **Friday 08<sup>th</sup> September**. Please bring an item(s) of non-perishable food on this day. These will be given to St Vincent de Paul and Soul Food.

Many of the images of Saint Joachim and Anne, the Mother of Mary and of course the grandparents of Jesus, depict a loving couple. At one time, July 26 was the feast of St. Anne only, but in the new calendar, the two feasts of the parents of Mary are celebrated together. According to early writings 170, Joachim was a prominent and respected man who had no children. In answer to Anne's and Joachim's prayers, Mary was born and was dedicated to God at a very early age.

In many countries Grandparents Day is celebrated. The feast of Saint Anne and Joachim is a wonderful opportunity for us to also celebrate our Grandparents Icon by Maria Diaz, San Francisco



A significant feast day is on Sunday 06 August. The Transfiguration. Jesus and three of his apostles, Peter, James and John, go to a mountain. On the mountain, Jesus begins to shine with bright rays of light. Then the prophets Moses and Elijah appear next to him, and he speaks with them. Jesus is then called "Son" by God the Father. The Transfiguration is one of the five major milestones in the gospel story of the life of Jesus, the others being his Baptism, Crucifixion, Resurrection, and Ascension.

Yours in Christ  
Mrs Maria Wilson

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Welcome to Madison Baker, Phaula Caubat, Daniella and Sebastian Hanekom, Aidan John, Liyana Randunu Pedige, Aathish Thiruchchelvam and Jack Uy who have started in our school this term. We hope that you are enjoying your new school and community.

### Uniform Reminder

At SFX we take pride in how we wear our school uniform. Just a reminder that if your hair is touching your shoulders it needs to be tied up with a black or blue hair tie. Hair must be of natural colour and well groomed. Only plain studs are to be worn for pierced ears. Special Character Taonga or neck chain are permitted. Rings, bangles, make up and nail varnish are not part of our uniform.

Remember that we also have our second hand uniform forms in the office if you are in need of any winter uniform items. Unfortunately we are very low in sizes for our senior children.

We have noticed that a lot of the sweatshirts in the second-hand pool have the child's name written right across the inside of the collar. If you could name sweatshirts on the white tag, it is much easier to re-name when another family purchases it. Thank you for naming all your clothes!



## School Cross Country

**10th August - Rain date 17th August**

We are looking forward to our cross country this year. It is coming up quicker than we know it. The children are training daily at school for this event.

The cross country is taking place at Kensington Park. The children will need to remember to bring their full school sports uniform, polar fleece jumper and a drink bottle.

The best senior runners will qualify to go through to represent our school at Barge Park on the 31st August.

Parents are welcome to come and watch and cheer on the children.



**We do need helpers on the day.**  
If you are able to help with

marshalling, place-getters, warming up the runners or recorders please contact Mrs J at [glenys@sfx.school.nz](mailto:glenys@sfx.school.nz)

**For sale - \$5 / wrap**  
*Environmentally friendly*  
*BeesWax lunchwraps - a great alternative to*  
*gladwrap & plastic bags in our Litter Free*  
*Lunchboxes.*



*Created by our SFX enviro leaders*



**Please see Mrs Cash in Room 23 if you would like to purchase a beeswax lunch wrap.**

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# SCHOOL EVENTS

Dates and times for events are subject to change.  
Please check this fortnightly newsletter for any changes.

## JULY

17th	8:45am	Term 3 starts
25th		SFX Matariki Day
28th	1:30pm	School Assembly led by Parihaka

## AUGUST

2nd		PTFA Sausage Sizzle
3rd	5:45pm	BoT Meeting
8th		Feast of St Mary of the Cross McKillop
10th		SFX Cross Country
11th		Yr 6 Youth Summit
15th	1:30pm	Feast of Assumption Mass
16th		PTFA Meeting
17th		Postponement date for SFX Cross Country
23rd		PTFA Sausage Sizzle
23rd	1:30pm	He Kākano 1st visit
24th		Non-uniform Day for Daffodil Day - Gold Coin
25th		Staff-only Day - <b>School Closed</b>
30th		WPSSA Cross Country
30th	1:30pm	He Kākano 2nd visit

## SEPTEMBER

1st	1:30pm	Father's Day Liturgy
6th	1:30pm	He Kākano 3rd visit
7th	5:45pm	BoT Meeting
8th		Non-uniform Day - Bring a Can - Non-Perishable
13th		PTFA Sausage Sizzle
13th		Vision/Hearing tests for New entrants and transfers
13th	1:30pm	He Kākano 4th visit
14-15th		School Photos
22nd	1:30pm	School Assembly led by Kauika

## EMAIL ADDRESS for STUDENT



### ABSENCES

[absent@sfx.school.nz](mailto:absent@sfx.school.nz)

You may still call the school to leave a message on  
Ph: 094371039,  
and call or text the school mobile on  
Ph: 027 2784303.



**Coffee & bikkies in a toddler friendly space!**  
(\*Breastfeeding friendly zone with seating)



**A friendly, non-judgemental listening ear.**



**Space for a confidential chat about anything going on at home.**



**Support to find services to best match your personal situation.**

Please text, WhatsApp or email Rosie to make an appointment:

**021 028 33587**

[rosie@sfx.school.nz](mailto:rosie@sfx.school.nz)  
[rosie.hughes@pompallier.school.nz](mailto:rosie.hughes@pompallier.school.nz)

**Unichem** Buchanan's Pharmacy  
Paramount, Kiripaka, Mansfield  
[admin@buchananspharmacy.co.nz](mailto:admin@buchananspharmacy.co.nz)



*feeling unwell?*

**MINOR HEALTH  
CONDITION  
CONSULTATIONS**  
*now available here!*



Speak to your pharmacist today for advice, and treatment of minor health conditions\*

\*For eligibility criteria and more information visit [life pharmacy.co.nz](http://life pharmacy.co.nz) / [unichem.co.nz](http://unichem.co.nz)

**FREE** as are the medicines/treatment options are also covered under the Minor Ailments Service. The Minor Ailments consultation service started on 12<sup>th</sup> June and will run until 30<sup>th</sup> September. The aim is to help increase access for people who are unable to access or afford care for minor ailments, and reduce pressures currently faced by hospitals. If anyone meeting the following criteria comes into our pharmacy with any of the below Minor Health Conditions our Pharmacist can have a consultation to advise and offer treatment options.

### Minor Ailments criteria

- Children under 14 years of age
- Whanau members (any age) of a child under 14 years of age with same symptoms
- Community Services Card (CSC) holder
- Māori or Pacific people

### Minor Ailments conditions

- Pain and fever
- Diarrhoea
- Dehydration
- Minor eye infections or inflammation
- Minor skin infections
- Eczema and dermatitis
- Scabies
- Headlice

### We offer this at the following sites:














Unichem Buchanan's Pharmacy  
Shop 1 Paramount Plaza  
81 Paramount Parade  
Tikipunga  
09 435 3323

Unichem Buchanan's Kiripaka Pharmacy  
157 Kiripaka Road  
Tikipunga  
09 437 0001

Unichem Buchanan's Mansfield Pharmacy  
7 Mansfield Terrace  
Regent



The following chart you might like to print off and put on your fridge. This has been sent to us by the school's Public Health Nurse. We hope you find this information helpful.

Condition	This disease is spread by	Early Symptoms	Time between exposure and sickness	Exclusion from school, early childhood centre, or work*
<b>Rashes and skin infections</b>				
<b>Chickenpox</b> 	Coughing, sneezing and contact with weeping blisters.	Fever and spots with a blister on top of each spot.	10–21 days after being exposed.	1 week from appearance of rash, or until all blisters have dried.
<b>Hand, foot and mouth disease</b>	Coughing, sneezing, and poor hand washing.	Fever, flu-like symptoms – rash on soles and palms and in the mouth.	3–5 days	Exclude until blisters have dried. If blisters able to be covered, and child feeling well, they will not need to be excluded.
<b>Head lice (Nits)</b>	Direct contact with an infested person's hair, and less commonly by contact with contaminated surfaces and objects.	Itchy scalp, especially behind ears. Occasionally scalp infections that require treatment may develop.	N/A	None, but ECC/school should be informed. Treatment recommended to kill eggs and lice.
<b>Measles</b> 	Coughing and sneezing. Direct contact with an infected person. Highly infectious.	Runny nose and eyes, cough and fever, followed a few days later by a rash.	7–21 days	5 days after the appearance of rash. Non-immune contacts of a case may be excluded.
<b>Ringworm</b>	Contact with infected skin, bedding and clothing.	Flat, ring-shaped rash.	4–6 weeks	None, but skin contact should be avoided.
<b>Rubella (German Measles)</b> 	Coughing and sneezing. Also direct contact with an infected person.	Fever, swollen neck glands and a rash on the face, scalp and body.	14–23 days	Until well and for 7 days from appearance of rash.
<b>Scabies</b>	Contact with infected skin, bedding and clothing.	Itchy rash.	4–6 weeks (but if had scabies before it may develop within 1–4 days)	Exclude until the day after appropriate treatment.
<b>School sores (Impetigo)</b>	Direct contact with infected sores.	Blisters on the body which burst and turn into scabby sores.	Variable	Until sores have dried up or 24 hours after antibiotic treatment has started.
<b>Slapped cheek (Human parvovirus infection)</b> 	Coughing and sneezing. The virus may be passed from mother to child during pregnancy.	Red cheeks and lace-like rash on body.	4–20 days	Unnecessary unless unwell.
<b>Diarrhoea &amp; Vomiting illnesses</b>				
<b>Campylobacter</b> <b>Cryptosporidium</b> <b>Giardia</b> <b>Salmonella</b> 	Undercooked food, contaminated water. Direct spread from an infected person or animal.	Stomach pain, fever, nausea, diarrhoea and/or vomiting.	Campylobacter 1–10 days Cryptosporidium 1–12 days Giardia 3–25 days Salmonella 6–72 hours	Until well and for 48 hours after the last episode of diarrhoea or vomiting. <b>Cryptosporidium</b> – do not use public pool for 2 weeks after symptoms have stopped. <b>Salmonella</b> – Discuss exclusion of cases and contacts with public health service.
<b>Hepatitis A</b> 	Contaminated food or water, direct spread from an infected person.	Nausea, stomach pains, general sickness with jaundice (yellow skin) appearing a few days later.	15–50 days	7 days from the onset of jaundice.
<b>Norovirus</b>	Contact with secretions from infected people.	Nausea, diarrhoea and/or vomiting.	1–2 days	Until well and for 48 hours after the last episode of diarrhoea or vomiting.
<b>Rotavirus</b> 	Direct spread from infected person.	Nausea, diarrhoea and/or vomiting.	1–2 days	Until well and for 48 hours after the last episode of diarrhoea or vomiting.
<b>Shigella</b> 	Contaminated food or water, contact with an infected person.	Diarrhoea (may be bloody), fever, stomach pain.	12 hours–1 week	Discuss exclusion of cases and their contacts with public health service.
<b>VTEC/STEC (Verocytotoxin- or shiga toxin-producing E. coli)</b> 	Contaminated food or water, unpasteurised milk. Direct contact with animals or infected person.	High incidence of bloody diarrhoea, stomach pain. High rate of hospitalisation and complications.	2–10 days	Discuss exclusion of cases and their contacts with public health service.
<b>Respiratory Infections</b>				
<b>Influenza and Influenza-like illness (ILI)</b> 	Coughing and sneezing. Direct contact with infected person.	Sudden onset of fever with cough, sore throat, muscular aches and a headache.	1–4 days (average about 2 days)	Until well.
<b>Streptococcal sore throat</b>	Contact with secretions of a sore throat. (Coughing, sneezing etc.)	Headache, vomiting, sore throat. An untreated sore throat could lead to Rheumatic fever.	1–3 days	Exclude until well and/or has received antibiotic treatment for at least 24 hours.
<b>Whooping cough (Pertussis)</b> 	Coughing. Adults and older children can pass on the infection to babies.	Runny nose, persistent cough followed by "whoop", vomiting or breathlessness.	5–21 days	Five days from commencing antibiotic treatment or, if no antibiotic treatment then 21 days from onset of illness or until no more coughing, whichever comes first.
<b>Other Infections</b>				
<b>Conjunctivitis (Pink eye)</b>	Direct contact with discharge from the eyes or with items contaminated by the discharge.	Irritation and redness of eye. Sometimes there is a discharge.	2–10 days (usually 3–4 days)	While there is discharge from the eyes.
<b>Meningococcal Meningitis</b> 	Close contact with oral secretions. (Coughing, sneezing, etc.)	Generally unwell, fever, headache, vomiting, sometimes a rash. <b>Urgent treatment is required.</b>	3–7 days	Until well enough to return.
<b>Meningitis – Viral</b>	Spread through different routes including coughing, sneezing, faecal-oral route.	Generally unwell, fever, headache, vomiting.	Variable	Until well.
<b>Mumps</b> 	Coughing, sneezing and infected saliva.	Pain in jaw, then swelling in front of ear and fever.	12–25 days	Exclude until 5 days after facial swelling develops, or until well.